

ALOHA WEEK

Lava Lamp

Items Needed: cooking oil, water, food coloring, an empty water bottle, & Alka Seltzer antacid tablets.

Fill your bottle about two thirds of the way with oil then fill the rest with water, leaving about an inch free at the top. Add several drops of food coloring. (If you did the oil first, then the water, it'll take a little while for the drops of food coloring to "break through" and tint the water.) Take an Alka Seltzer tablet and break it into 3 or 4 pieces. Then drop a piece in and watch the magic.

As soon as the tablet hits the layer of water, it will start to fizz and the colored water will erupt! The bubbles will stop as soon as the tablet dissipates, but it will start up again as soon as you add another tablet. If the oil layer starts to become cloudy with tiny bubbles, just let it settle for awhile and then you can do some more.

