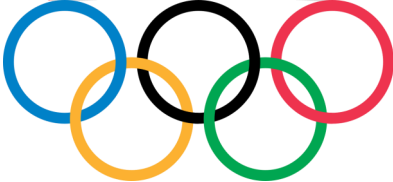


# QUARANTINE OLYMPICS



**DAY 1 - Monday, May 4th**

**Straw Challenge 1:** Find a small item that you can blow with a straw such as a pea, feather, small marble, etc. Determine a start or finish line across a hard surface. Using the straw, time how long it takes each participant to blow the item from start to finish.

**Two Balloons:** Get two balloons filled with air. When the timer starts throw them both in the air. The person that can keep them in the air the longest by tapping the balloons wins. As soon as one of the balloons touches the ground the time stops. This is a lot harder than it sounds!

**Pong:** You will need some cups and a ping pong ball. Line the cups up in a line on the ground or a table. Space the cups out. Find a throw line. Participants will toss the ping pong ball in the cups starting with the closest and working their way to the farthest. There are several ways you can score this to determine a winner. It can be timed to see who can do it the fastest or you can give each cup a point value and see who can make the most points in a time period.