

LEARN LINE DANCE WITH LYNN

GOOD FOR THE BODY, MIND & SOUL!

When: Tuesday at 6:30pm - Beginner, Improver, Intermediate class (all levels)

**All classes are 1 hour

Where: Florence K. Little Town Hall
12 Colomba Rd Debarry, FL 32713

REGISTRATION: All registrations are taken on class days prior to the start of class by the instructor. Ages 18 and up welcome. Cash only please.

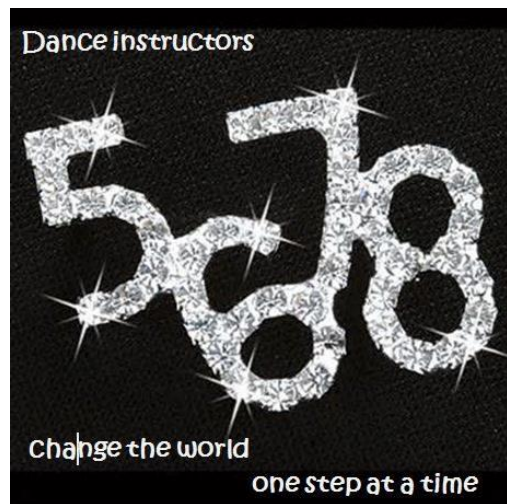
Cost: \$8 per person per class OR buy a 4 week class for \$25

Instructor/Choreographer: Lynn Luccisano {Teaching line dance in the Orlando area for 10 years}

Contact: 407-719-8744 (please leave a message) or Cheralike13@aol.com

About Line Dance: It is not only danced to country music and no longer called Country Line Dance. It is taught to all genres of music; oldies, current pop, country, etc. you name it, there's probably a line dance to it! A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance are in one or more lines or rows, and executing the steps at the same time. Line dancing not only puts smiles on people's faces but it is great for cardio, muscle toning, calorie burning, bone strengthening, increased oxygen intake as well as improving memory & a great stress release, all resulting in weight loss! AND FUN!

About the Classes: The dances taught will be for all levels of dancers. If you have never line danced before, you will learn the basics, from the names of the steps, the footwork, the counts, the technique and more! If you are an experienced line dancer, you will be challenged with the current, fun line dances.



****Line Dancing may not add years to your life, but it sure does add life to your years!****